**2019 Daily Lenten Challenge**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| “Open the door of your heart to others because each person is a gift!”  POPE FRANCIS |  | **6th March**  *Lent is a journey. Begin it with Ashes.* | **7th March**  *Pick up any litter you see lying around.* | **8th March**  *Remind yourself of how precious you are.* | **9th March**  *Do something to brighten up someone else’s day.* | **10th March**  *If you have fallen away, go back to Church.* |
| **11th March**  *Avoid sweeties today.* | **12th March**  *Turn off your electronics in the house and have a conversation with someone.* | **13th March**  *Take a few moments to think about how Jesus fits into your life.* | **14th March**  *Try and improve in a subject you are finding difficult.* | **15th March**  *Leave someone happier than you found them.* | **16th March**  *Go back to a hobby you have left behind.* | **17th March**  *Visit a family member you haven’t seen in a while.* |
| **18th March**  *Remember that you are no different to the others.* | **19th March**  *Have a conversation with someone you don’t normally speak to.* | **20th March**  *Visit the website of a charity to see what you can do for them.* | **21st March**  *Try and resolve an argument.* | **22nd March** *Make a list of five things you are grateful for.* | **23rd March**  *Tidy somewhere in your house you that you have put off doing.* | **24th March**  *Pray for someone who needs it.* |
| **25th March**  *Do something helpful in class today.* | **26th March**  *Drink water instead of juice.* | **27th March**  *Keep quiet when you want to speak angry words.* | **28th March**  *Do a job around the house without having to be asked.* | **29th March**  *Donate something to charity.* | **30th March**  *Walk somewhere you would normally drive to.* | **31st March**  *Tell your Mum or Gran that you love her.* |
| **1st April**  *Today use your phone only for emergencies.* | **2nd April**  *Say sorry.* | **3rd April**  *Open the door for someone else.* | **4th April**  *Call someone you haven’t spoken to in a while.* | **5th April**  *Give someone a compliment.* | **6th April**  *“I am with you always.”*  *Matthew 28:20* | **7th April**  *Say the ‘Our Father’ before you go to sleep.* |
| **8th April**  *Be who God made you to be.* | **9th April**  *“Do to others as you would have them do to you.”*  *Luke 6:31* | **10th April**  *Forgive whilst you can.* | **11th April**  *Walk somewhere you would normally drive to.* | **12th April**  *Write someone a kind note that needs it.* | **13th April**  *“Your Word is a lamp to my feet and a light to my path.”*  *Psalm 119:105* | **14th April**  *Be still.* |
| **15th April**  *Reflect on the light you bring to the world.* | **16th April**  *Greet everyone with a smile.* | **17th April**  *Spend a little time in silence today.* | **18th April**  *“Do not be afraid for I am with you.”*  *Isaiah 43:5* | **19th April**  *Were you there when they crucified my Lord?* | **20th April**  *Pray for those receiving the Sacraments tonight.* | **21st April**  ***HAPPY EASTER! ALLELUIA!*** |

**Saint Margaret’s RC High School**