

O Mary,
we entrust ourselves to you,
Health of the Sick!



[Online prayer resources](#)

Updated

- In order to reduce the spread of Covid-19, and according to the authorities, **The Bishops Conference of Scotland** have taken the decision that **all public celebrations of the Eucharist are suspended** and all the faithful of our diocese are **exempt from the Sunday provision**.
- **Let us not forget that at home we can pray alone or with the family.** And that we find God also in the people around us. Many people are alone – particularly, during this period of isolation. They will not be able to go out to buy food or medicine and they will also need the comfort of company or a phone call.
- **Pope Francis emphasizes the importance of prayer**, recalling how the Apostles turn to Jesus to save them during the storm on Lake Tiberias (Mark 4:35-41). "**Prayer helps us understand our vulnerability**", Pope Francis says.

Online Mass – Live stream

Click any of the following links

Most offer recordings or live stream services

(review times in each site)



Pope Francis' Masses

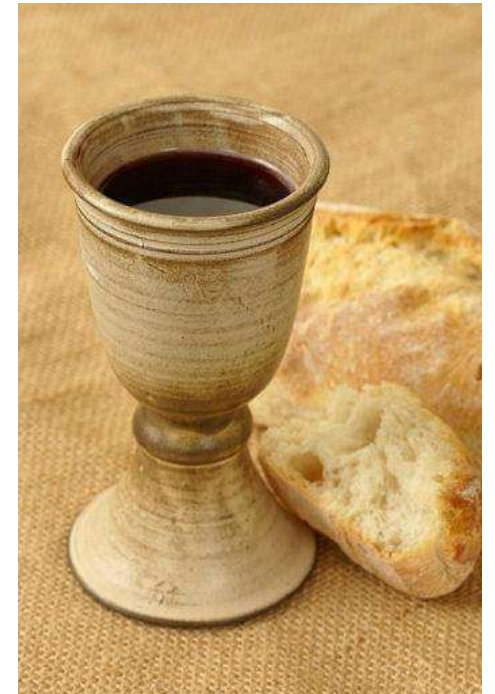
Live from The Vatican

Live and recorded (with English translation)
in [Rome Reports](#)



Motherwell Diocese

Active links to some of the parishes providing live stream Holy Mass each day are available in the diocese [website](#).



Online Mass – Live stream

Click any of the following links

Most offer recordings or live stream services

(review times in each site)

Other sites from Scotland, the UK and abroad

[St Andrew's Cathedral](#), Glasgow

[St Mungo's Church](#), Townhead, Glasgow

[St Mary's Cathedral](#), Edinburgh

[St Mary's Cathedral](#), Aberdeen

[Westminster Cathedral](#), London

[Mass-online.org](#)

[Church Services TV](#)

[Daily TV Mass](#)

[Bishops Barron's Chapel, L.A.](#)

[St Michael's Cathedral](#), Toronto



Other resources online offering prayers and devotions

Click any of the following links

Audios – apps for mobiles also available

(search for them in Play Store or App Store and install them)



[Pray as you go](#)

Daily 12min reflection on the Readings



[Sacred Space](#)

Daily reflections on the Readings

Journey with Jesus: Lent Retreat



[Centering Prayer](#)

Platform to support one's daily prayer practice

[Pray the Rosary](#)

Links to download the Rosary in mp3 (audio) or listen and pray the Rosary online directly from this site.

More resources online offering prayers and devotions

Click any of the following links

Videos



[ISC \(Ignatian Spirituality Centre\) Glasgow](#)

Offers various ways of praying: Lectio, Imaginative contemplation, Examen, etc.



[St Andrew's Foundation, University of Glasgow](#)

Reflections by Fr Stephen on various topics in our faith – i.e. liturgical times, etc.



[Catholic Productions](#)

Regular videos on biblical passages by Dr Pitre. He offers weekly insights, according to the relevant readings



[Daily Prayers, Taize](#)

Morning and evening prayers – live stream.



Apps offering prayers and devotions

Click any of the following links to apps

[Laudate](#)

Daily Mass Readings, Order of Mass, Liturgy of Hours, Chaplet of Divine Mercy, etc.

[Universalis](#)

Mass Today (combining the Order of Mass with the readings and prayers), etc.

[Scriptural Rosary](#)

The appropriate mystery is loaded for that particular day when the application launches.

[Totally Catholic Trivia 2.0](#)

Fun Catholic version of the popular the "Who Wants to be a Millionaire" t.v. game show, but all of the questions are related to the Faith.



Other useful links with more to read and pray

[Saint Mary's Press](#)

Online readings, reflections and questions, suitable for young people and children, updated daily.

[Pathways to God](#)

Including this year's Jesuit online Lent retreat, titled, *Journey Into Freedom*, based on the spiritual exercises of the order's founder, St Ignatius of Loyola. This Lent it is a daily journey through the life of Jesus, praying with scripture.

[The Corrymeela Community](#)

The Corrymeela Community has produced “prayers for community in a time of a pandemic”.

[Thinking Faith](#)

Online journal of the Jesuits in Britain with articles and reviews to help think about our faith and think, through our faith, about the world.

[Word on Fire](#)

Non-profit global media apostolate that supports the work of Bishop Barron to proclaim the Gospel.

[Station of the Cross](#)

Nicholas King, S.J.

[**Click any of the links on the left**](#)

O Mary, you shine continuously
on our journey as a sign of salvation and hope.
We entrust ourselves to you, Health of the Sick.
At the foot of the Cross
you participated in Jesus' pain, with steadfast faith.
You, Salvation of the Roman People,
know what we need.
We are certain that you will provide, so that,
as you did at Cana of Galilee,
joy and feasting might return after this moment of trial.
Help us, Mother of Divine Love,
to conform ourselves to the Father's will
and to do what Jesus tells us:
He who took our sufferings upon Himself,
and bore our sorrows to bring us,
through the Cross, to the joy of the Resurrection. Amen.
We seek refuge under your protection,
O Holy Mother of God.
Do not despise our pleas – we who are put to the test –
and deliver us from every danger,
O glorious and blessed Virgin.



Pope Francis prayer for protection from coronavirus

General Prayers for Health

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me,
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

Lord Jesus, you came that we might have life in all its fullness.
In this time of sickness and the fear of sickness,
give me the health of mind – that I might seek out wise guidance and act upon it;
the health of body – that will enable me to serve you and those around me;
the health of spirit – that my soul rests in the secure knowledge
that there is nothing that can separate me from the Father's love.
Give me the grace to share your peace – that peace the world cannot give.
We ask this in Jesus' name. Amen.



Prayer for those in Authority

Loving God,
in Christ Jesus, the servant of all,
you call us to the service of others.
Grant to those who govern the community
the skill to recognise its urgent needs
and the strength to pursue the common good.
Endow us all with patience and courage,
that we may care for the suffering,
feed the hungry, shelter the homeless, and sustain the needy.
Through Christ our Lord.
Amen.



Prayers available from liturgyoffice.org.uk

Prayer for affected countries

Loving God,
You created our world and its peoples.
Today, we hold before you the people of (name of country)
affected by the Coronavirus.
In your goodness, give courage and healing to those who are sick;
and sustain the doctors and nurses who work to care for them.
Give wisdom to those in authority there,
that in all their decisions,
the dignity and well-being of their citizens affected by this virus,
and other attacks on their health and well-being,
are of paramount concern.
Through Christ our Lord.
Amen.



Prayers available from liturgyoffice.org.uk

Prayer for those affected

Merciful God, come to the help of your people.
Be our shelter in this time of peril
and strengthen the bonds of our community.
Bring healing to all who suffer
the ravages of disease
and assist those whose skill and art
can put an end to this affliction.
Through Christ our Lord. Amen.



O God, our refuge and our shield,
even when we walk in the shadow of death
you are there at our side.
Be with your people in this time of danger:
bring strength to the afflicted
and protection to those untouched by disease.
Give us love and courage,
that we may trust in your power to save
and reach out to all who need our care.
Through Christ our Lord. Amen.